

Beginners Curriculum (3+ months)

Zils

Standard triplet pattern (practiced separately)

Concepts

Resistance and release; Flock of birds

Fast moves

Slow shimmy

Boxstep (and with turn)

Chico

Arabic (and with arms and turn)

Pivot bump

Single bump (and with turn)

Double bump (and with turn)

Reach and sit (and with turn)

Egyptian (and with $\frac{1}{2}$ turn)

Chico

Slow moves

Hand Floreo

Floreo arms

Taxeem

Propeller turn

Corkscrew turn

Reverse turn

Bodywave

Torso rotation

Arm undulations

Circle step

Slow walk

Formations/transitions/combos

Duet; trio; quartet formations

Turning the wheel with Egyptian, shimmy, Arabic; Floreo arms

Chorus

Travelling spin in a big circle

Continuing Beginners Curriculum (12 months)

Zils

Standard triplet pattern

Props

Skirt, Shawl

Fast moves

Turkish shimmy

Turkish shimmy $\frac{1}{4}$ and $\frac{1}{2}$ turns

Shoulder shimmy alternating and triplets

Shoulder shimmy combo (and with $\frac{1}{2}$ turn)

Shoulder shimmy combo passing

Ghawazi shimmy combo

Resham-ka

Resham-ka passing

Waterpot

Roundhouse

Triple Egyptian

Triangle step

Egyptian Sevillana

Push forward (shawl or skirt variation, no zils)

Hips down shimmy up (Ghawazi dialect)

Shimmy set-up (Ghawazi dialect)

Slow moves

Camel walk arms 1 and 2

Pulse turn

Loco camel

Wrap around turn

Ribcage rotation

Formations/transitions/combos

Fades

Arabic side fades (Ghawazi dialect)

Boxstep fade (Ghawazi dialect)

Intermediate Curriculum (12+ months)

Zils

Military and Extended Military patterns

Props

Flamenco fan; Basket; Tambourine; Veil

Fast moves

Arc arms

Pivot flourish

Push forward with extended military zil pattern

Doubleback with military zil (and with $\frac{1}{2}$ turn)

Turkish shimmy passing

Turkish shimmy with arms (and $\frac{1}{2}$ turn and circle)

Sunanda

Sunanda duet

Arabic 1-2-3 (and with $\frac{1}{2}$ turn)

Arabic hip twist and flourish

Arabic Double Spin

Arabic do-si-do

Chico passing

Chico circle up

Egyptian Full turn

Flamenco Triangle

Triple Sevillana (Ghawazi dialect)

Ghawazi 1 and 1/4 turn (Ruby Dhatura dialect)

Flamenco Triangle (Ghawazi dialect)

Flamenco Flair (Ghawazi dialect)

Jsisi's Flamenco turn (Ghawazi dialect)

Moroccan (Ghawazi dialect)

Slow moves

Headsides

Reverse taxeem

Barrel Turn

Flamenco arms (Ghawazi dialect)

Rainbow

Medusa ATS version

Matador (Ghawazi dialect)

Drama Queen (Ghawazi dialect)

Strong arm 1 and 2

Sahra turn

Camel passing

Formations/transitions/combos

Diagonals

Turkish Shimmy with 1/4 turn and fade

Egyptian side fades (Ghawazi dialect)

Sevillana turning the wheel (Ghawazi dialect)

Loco camel turning the wheel (Ghawazi dialect)

Advanced Curriculum

Zils

Baladi pattern
Moroccan pattern

Props

Sword; Manton

Optional

Layback; Level drop

Fast moves

Arabic shimmy with arms and turn (ASWAT)
Arabic shimmy with arms and turn and fade and circle
Dragonfly
Up2down3 with military zil and turn
Single bump $\frac{1}{2}$ turn
Arabic hip twist with $\frac{1}{2}$ turn
Arabic hip twist with flourish and fade
Arabic Orbit
Wet Dog
Calibrated spins cue 1 and 2
Partner spins

Resham-ka spin
Turkish Shimmy Cross-over
Alabama Twister

Egyptian Susan (Ghawazi dialect)
Sunanda with turn (Ghawazi dialect)
Contrary combo (Black Sheep dialect)
Switchback combo (Black sheep dialect)

Slow moves

Walking Taxeem
Walking Bodywave
Medusa Indian version
Strong arm 3
Stella luna (Ghawazi dialect)
Circle step with $\frac{1}{2}$ and 3 point turn
Torso twist with $\frac{1}{2}$ and 3 point turn
Passing Sahra turn, Wrap around turn, Barrel turn
Kathak turn (Black Sheep format)

Formations/transitions/combos

Duelling Duet
Duelling trios slow (Ghawazi dialect)
Arc arm passing trio
ASWAT duet
Sevillana passing and quartet (Ghawazi dialect)
Push forward fade (Ghawazi dialect)
Double back full turn combo (Ghawazi dialect)
Morrocan Box (Ghawazi dialect)
Triple Egyptian Box (Ghawazi dialect)